

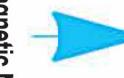
Cwrs/Course 4

Bwlch Nant Yr Arian

Graddfa/Scale 1:10,000
5m Cyfuchliniau/Contours

0 metrau/metres 500m

Gogledd Magnetic



Magnetic North

**Cyfoeth
Naturiol
Cymru**
**Natural
Resources
Wales**



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 Possession of this map does not imply right of access for orienteering or any other purpose.
 Permission must be obtained from the landowner.
 The representation of a track or path does not indicate a right of way.

Allwedd / Legend



open land/tir agored	[solid orange square]
rough open land/tir agored gawr	[darker orange square]
scattered trees/coed gwasgaredig	[light green square]
woodland: run/coetir:rhedeg araf	[medium green square]
woodland: slow run/coetir:cerded araf	[darker green square]
woodland: walk/coetir:cerded	[dark green square]
woodland: fight/coetir:drysni	[yellow-green square]
undergrowth/isdiffrant	[yellow square]
distinct vegetation change/nwid eglur mewn isydfrant	[white square]
road, hard surface/ffordd, wyneb caled	[solid brown square]
forest road/ffordd goedwig	[dashed brown line]
footpath/lwybr troed	[dashed black line]
small footpath/lwybr troed bychan	[dash-dot black line]
indistinct path/lwybr aneglur	[dotted black line]
MTB trail/lwybr beicio mynydd	[dash-dot-dot black line]
ride/hodfa	[solid grey line]
wall/clawdd	[dashed grey line]
fence/ffens	[dash-dot grey line]
building, ruin/adeliad, astaff	[solid black square]
man made object/gwrthrych o waith dyn	[solid black cross]
stream, ditch/nant, ffos	[wavy blue line]
marsh, indistinct marsh/cors, cors aneglur	[light blue area]
index contour/cyfuchlin	[dotted black line]
cliff, crag/clogwyn, craig	[solid black line]
boulder/clogfaen	[solid black dot]



Cwrs 4

Mae rhai rheolyddion yn bell oddi wrth lwybrau a nodweddion llinell. Mae'r cwrs yn adidas ar gyfer darllenwyr mapiau cymwys a chyfeirianwyr profiadol. Dylai'r rhai sy'n cymryd rhan fod yn heini a dylent allu ymdopi â thir garw. Mae'r cwrs tua **5.5km** o hyd ac yn cynnwys dringfa o **240m**. Gall y llwybr a ddewisir gynyddu neu leihau'r ffigurau hyn.

Mae'r cwrs cyfeiriannu mewn rhan o'r goedwig sydd hefyd yn cael ei defnyddio gan gerbydau modur a beiciau modur yn achlysurol, a defnyddwyr hamdden eraill gan gynnwys beicwyr, pobl ar gefn ceffyl a cherddwyr. Byddwch yn ymwybodol ohonyн nhw, yn enwedig beiciau modur ar y llwybrau.

TROWCH DROSODD I GAEL MAP O'R CWRS

Mae'r symbolau'n unigryw ar gyfer cyfeiriannu ac yn cael eu hesbonio yn yr allwedd. Graddfa: 1: 10 000. Cyfwng cyfuchlinol: 5m.

Mae llinellau Gogledd Magnetig yn cynrychioli bwlch o 250m.

Y Rheolyddion

Mae'r cylchoedd porffor gyda rhifau yn dynodi lleoliad y pyst marcio pren. Disgrifir y lleoliad isod. Gallwch nodi'r llythyren yn y bwlch a ddarperir er mwyn dangos eich bod wedi ymweld â'r fan.

Dechrau a Diwedd

Mae'r cyrsiau i gyd yn dechrau ac yn gorffenyn y Ganolfan Ymwelwyr a nodir gan y **CYLCH PORFFOR**

DWBL ar y map.

Gallwch hefyd nodi'r amser a gymerwyd er mwyn cyfeirio ato.

Cyfeiriannu yn Nant yr Arian

Orientering at Nant yr Arian

Course 4

Some controls are well away from line features and paths. It is suitable for competent map readers and experienced orienteers. Participants should be fit and able to cope with rough terrain. It is about **5.5km** long with **240m** climb. Route choice might increase or decrease these figures.

The orienteering course is in a part of the forest that is also used by motor vehicles and occasional motor bikes. Other recreation users include cyclists, horse riders and walkers. Please be aware of them, especially MTB's on the trails.

TURN OVER FOR COURSE MAP

The symbols are unique to orienteering and explained in the key. The scale is 1:10 000 and contours at 5m intervals.

Magnetic North lines represent 250 metre spacing.

The Controls

The purple circles with accompanying numbers show the position of the wooden marker posts. The location is described in the table below.

Each post has a unique number and letter. You can write the letter in the space provided to show that the control has been visited.

Start and Finish

All courses start and finish at the Visitor Centre marked by the **DOUBLE PURPLE CIRCLE** on the map. You can also write time taken for reference.