Cyfoeth Naturiol Cymru
Natural Resources Wales

Canllawiau Cerdded
Walks Guide

7a Llwybrau Copr Glasdir
7b Glasdir Copper Trails

UCHAFBWYNTIAU

Dewch o hyd i hen waith copr yn cuddio ynghanol tawelwch cefn gwlad.

O brif Faes Parcio Glasdir, dilynwch yr arwyddbyst coch drwy'r lle picnic i lawr i afon Babi. Cafodd yr afon ei henwi, yn ôl chwedloniaeth leol, ar ôl i un o'r tylwyth teg ddwyn babi gwrach a rhoi bychan benthyg yn ei le. Yna mae'r llwybr yn gwneud cylch o gwmpas yr hen fwynglawdd copr ar ochr y bryn mewn cyfres o derasau cerrig uchel.

Gallwch hefyd ymweld â Glasdir ar hyd llwybr hygyrch o Faes Parcio Pont Llam yr Ewig. Oddi yma dilynwch yr arwyddbyst glas ar hyd hen dramffordd i'r olygfan uwchlaw'r gweithfeydd. Lawrlwythwch y llwybr sain MP3 sydd ar gael yn: **www.cyfoethnaturiol.cymru/llwybrausain**, gwrandewch ar stori'r gweithwyr copr - mae hyn ar gael ar gyfer y ddau lwybr.

HIGHLIGHTS

Discover an old copper works hidden in a quiet rural setting.

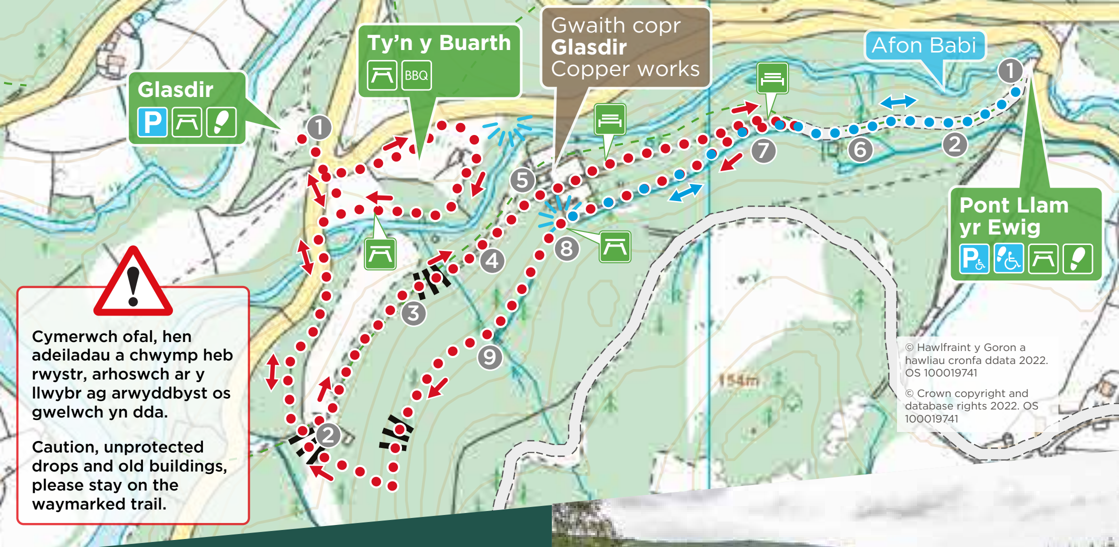
From the main Glasdir Car Park, follow the red waymarkers through the picnic site down to the Afon Babi. The river got its name, according to local folklore, after a fairy stole a witch's baby and replaced him with a changeling child. The trail then takes in a circuit of the old copper mine set into the hillside in a series of high stone terraces.

You can also visit Glasdir on an accessible trail from the Pont Llam yr Ewig Car Park. From here follow the blue waymarkers along an old tramway to the viewpoint above the mine workings. Download the MP3 audio trail available at: **www.naturalresources.wales/audiotrails**, and listen to the story of the copper works - available on both walks.

Dilynwch y stori
Follow the story

Diwydiant
Industry

Cymru Wales



Allwedd / Map Key

- 7a Llwybr Copr Glasdir (hygyrch) / 7a Glasdir Copper Trail (accessible)
- 7b Llwybr Copr Glasdir / 7b Glasdir Copper Trail
- Grisiau / Steps
- Bwrdd picnic / Picnic table
- Mainc / Bench
- 1 MP3 location

Dilynwch y symbolau arwyddbost glas neu goch.

	7a Glas	7b Coch
Dechrau:	Maes Parcio Pont Llam yr Ewig	Maes Parcio Glasdir
Gradd:	Hygyrch	Cymedrol
Amser:	½ awr	¾ awr
Pellter:	½ milltir/800m	1¼ milltir/1.9km
Dringo:	Gwastad	262tr/80m

Disgrifiad: Mae'r llwybr hygyrch ag arwyddbyst glas yn addas ar gyfer cadeiriau olwyn. Mae'n 1.5m o led, yn wastad a chanddo arwyneb da gyda mannau pasio bob 50m a mannau gorffwys bob 150m.

Mae'r llwybr coch yn aml yn llai na 1m o led mewn mannau, ar arwyneb garw, anwastad, ble gallwch ddisgwyl gweld mwd, creigiau a gwreiddiau coed. Ceir sawl set o risiau ar y dringfeydd a disgynfeydd serth drwy'r hen weithfeydd.

Follow the blue or red waymarker symbols.

	7a Blue	7b Red
Start:	Pont Llam yr Ewig Car Park	Glasdir Car Park
Grade:	Accessible	Moderate
Time:	½ hour	¾ hour
Distance:	½ mile/800m	1¼ mile/1.9km
Climb:	Flat	262ft/80m

Description: The blue-waymarked accessible trail is suitable for wheelchairs. It is 1.5m wide, flat, well surfaced with passing bays every 50m and resting points every 150m.

The red trail is often less than 1m wide in places, on an unmade, uneven surface, where you can expect mud, rocks and tree roots. There are several flights of steps on the steep ascents and descents through the old workings.