Cyfoeth Naturiol Cymru
Natural Resources Wales

Canllawiau Cerdded
Walks Guide

3

Llwybr Pistyll Gain
Gain Waterfall Trail

UCHAFBWYNTIAU

Mwynhewch y llwybr troellog hwn i fwynglawdd aur Gwynfynydd a dau raeadr ysblennydd ar afonydd Gain a Mawddach.

Dyma gylchdaith heriol, ble byddwch chi'n dringo dros gefnen Cefndeuddwr cyn cerdded i lawr a chroesi pont gerrig i fwynglawdd aur Gwynfynydd a'r rhaeadrau.

HIGHLIGHTS

Enjoy this winding trail to the Gwynfynydd goldmine and the magnificent twin waterfalls on the Gain and Mawddach rivers.

This is a strenuous circular walk, where you will climb over the Cefndeuddwr ridge before descending via a stone bridge to the Gwynfynydd goldmine and waterfalls.

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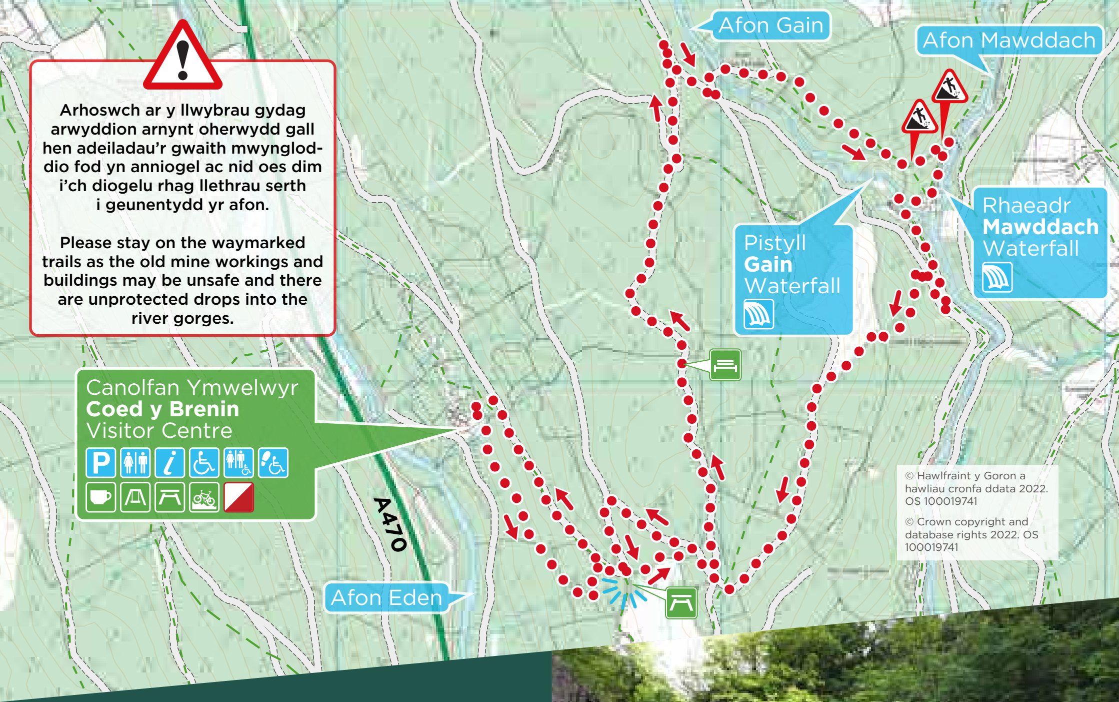

Allwedd / Map Key

- Llwybr Pistyll Gain / Gain Waterfall Trail
- Mainc / Bench
- Bwrdd picnic / Picnic table
- Arwyneb serth, rhydd / Steep, loose surface

Dilynwch y symbolau arwyddbost coch.

Dechrau: Canolfan Ymwelwyr
Gradd: Anodd
Amser: 2 awr
Pellter: 4¼ milltir/6.7km
Dringo: 577tr/176m

Disgrifiad: Mae'r llwybr ar ffyrdd coedwig a llwybrau culion, serth, llai nag 50cm o led mewn mannau, ar arwyneb garw, anwastad, ble gallwch ddisgwyl gweld mwd, creigiau a gwreiddiau coed. Wrth i chi gerdded i lawr at fwynglawdd aur Gwynfynydd, mae grisiau mawr iawn sydd wedi ffurfio'n naturiol o'r creigiau yn y llwybr ac mae cerrig rhydd dan draed: sylwch ar y postyn gwybodaeth cyn cyrraedd y rhan hon. Argymhellir gwisgo esgidiau cadarn. Anaddas i fygis ag olwynion.

Follow the red waymarker symbols.

Start: Visitor Centre
Grade: Strenuous
Time: 2 hours
Distance: 4¼ miles/6.7km
Climb: 577ft/176m

Description: The trail is on a combination of forest roads and steep narrow paths, often less than 50cm wide in places, on an unmade, uneven surface, where you can expect mud, rocks and tree roots. On your descent to the Gwynfyndd goldmine the trail has formed very large natural rock steps and has loose stones underfoot: notice the information post before reaching this section. Stout footwear recommended. Not suitable for wheeled buggies.