

Coed Cilgwyn Wood

Croeso i Goedwigoedd Canolbarth Cymru

Mae coedwigoedd Canolbarth Cymru yn gorwedd oddi mewn i driongl bras o Dregaron yn y gogledd, Llanfair ym Muallt yn y dwyrain, a Chaerfyrddin i'r gorllewin. Mae'r coedwigoedd yn amrywio'n fawr o ran cymeriad, a goedwigoedd Sitca at gynhyrchu pren Tywi, at natur donnog coedwig Brechfa, hyd at y coetiroedd bach cymysg ar hyd Afon Cothi.

Triwrch safleoedd picnic a theithiau cerdded byrion coedwigoedd Canolbarth Cymru. Mae Brechfa yn enwog am ei llwybrau beicio mynydd, a Crychan oherwydd ei chyflusterau marchogaeth ceffylau. Gweler y map i weld ble arall y gallwch fynd a beth gallwch ei wneud.

Plannodd y Comisiwn Coedwigaeth y coetiroedd hyn yn wreiddiol i gynhyrchu pren. Heddiw, yn ogystal, mae Cyfoeth Naturiol Cymru yn edrych ar eu holau er mwyn i bobl eu mwynhau ac i fywyd gwylt fyw ynddynt.

Welcome to the Forests of Mid Wales

The forests of Mid Wales lie within a rough triangle from Tregaron in the north, Builth Wells in the east, and Carmarthen in the west. The forests vary hugely in character, from the timber producing Sitka forests of Tywi, the undulating nature of Brechfa forest, down to the small mixed woodlands along the Afon Cothi.

Why not try the forests of Mid Wales's picnic sites and short walks? Brechfa is famous for its mountain bike trails, and Crychan for its horse-riding facilities. See the map to see where else you can go and what you can do.

The Forestry Commission originally planted these woodlands to produce timber. Today, however, Natural Resources Wales also looks after them for people to enjoy and wildlife to live in.



Atgynhyrchi y map hwn o Ddeunydd yr Arwyr Ordinans gyda chaniatâd Arwyr Ordinans ar ran Rhifau El Maenorol, Hawlfraint y Goron a hawlau crwnfa ddata 2019 Arwyr Ordinans 100019741
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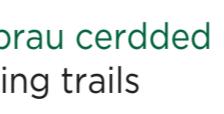
parcio
parking



lle picnic
picnic area



llwybrau cerdded
walking trails



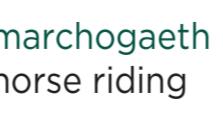
llwybrau beicio mynydd
mountain bike trails



marchogaeth
horse riding



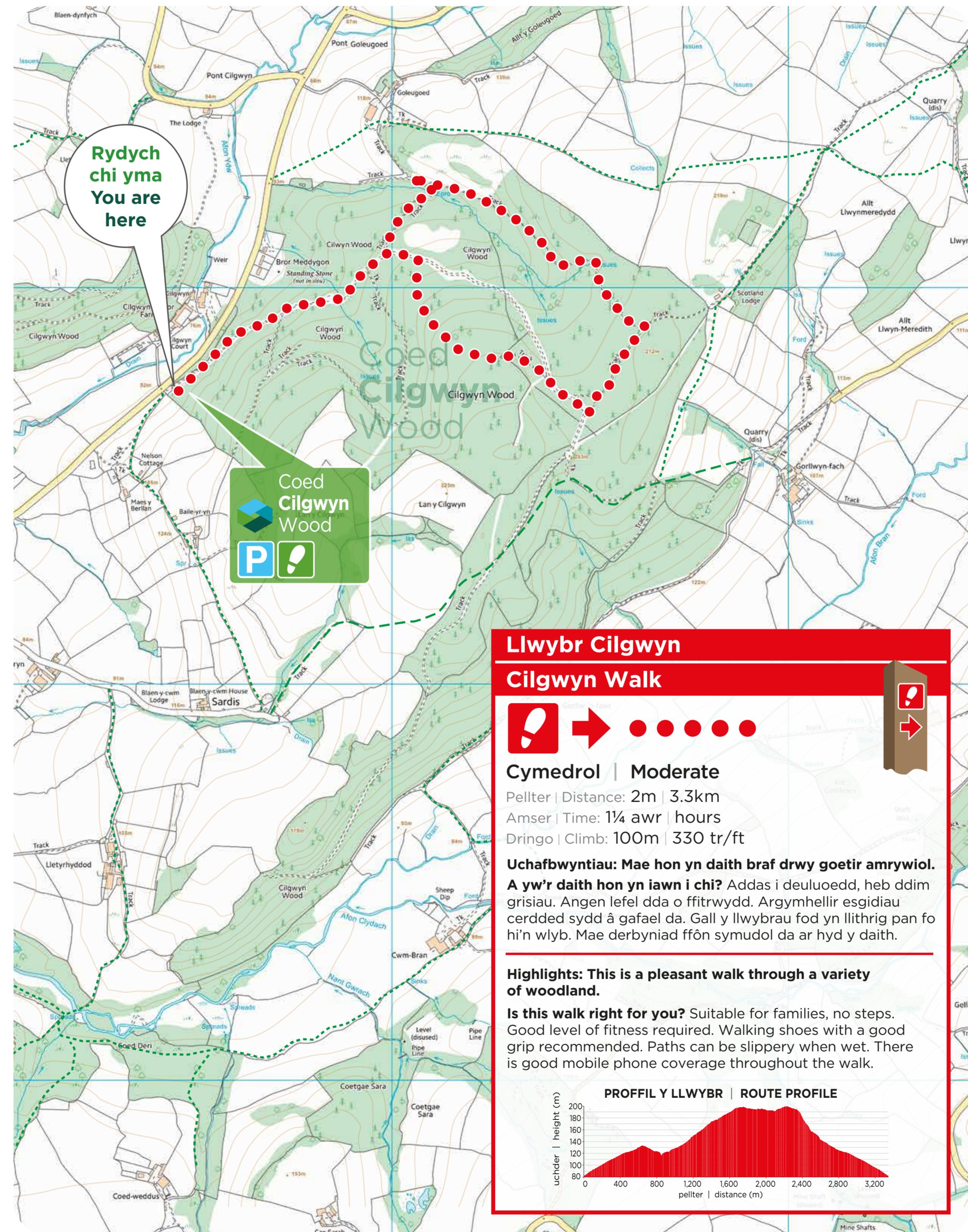
llwybr cyhoeddus
public footpath



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golyfan
viewpoint



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