



16

# Llwybr Cwm Penamnen

## Cwm Penamnen Walk



### UCHAFBWYNTIAU

#### **Golygfa wych o flaen y cwm a draw at Foel Siabod.**

Mae'r llwybr yn dringo'n raddol drwy'r pentref ac i fyny ffordd goedwig, a'r Cwm yn agor o'ch blaenau. Wrth y bont, edmygwch y golygfeydd o Garreg Alltrem arw, sy'n boblogaidd ymhlith dringwyr.

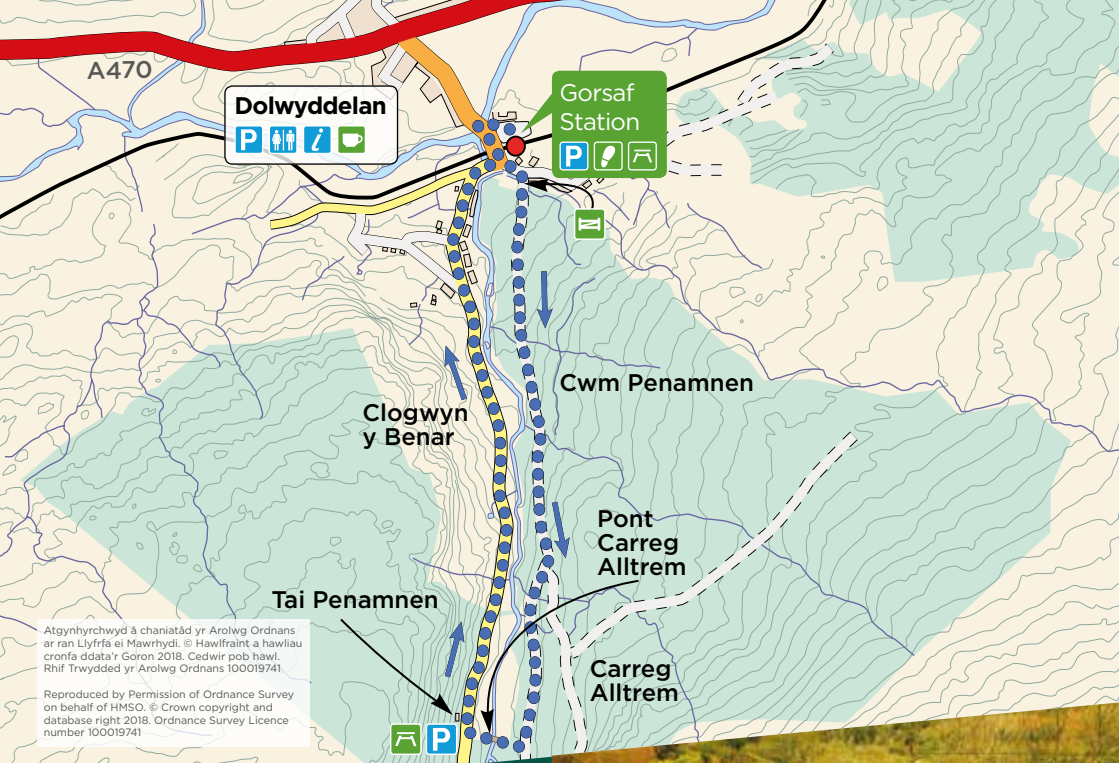
Rydych yn dychwelyd i Ddolwyddelan ar hyd ffordd Rufeinig Sarn Helen, a aeth o'r gogledd i'r de drwy Gymru, a heibio panel dehongli yn Nhau Penamnen sy'n adrodd hanes cymuned sydd wedi hen ddiiflannu. Dychwelwch i'r pentref ar hyd y ffordd darmac.

### HIGHLIGHTS

#### **Take in a great view of the head of the valley and across to Moel Siabod.**

The trail climbs gradually through the village and up a forest road with the Cwm opening up before you. At the bridge admire the views of the rugged Carreg Alltrem, popular with climbers.

You return to Dolwyddelan along the Sarn Helen Roman road, which ran north to south through Wales, and past an interpretation panel at Tai Penamnen which tells the story of a community which is long gone. Return to the village along the tarmac road.







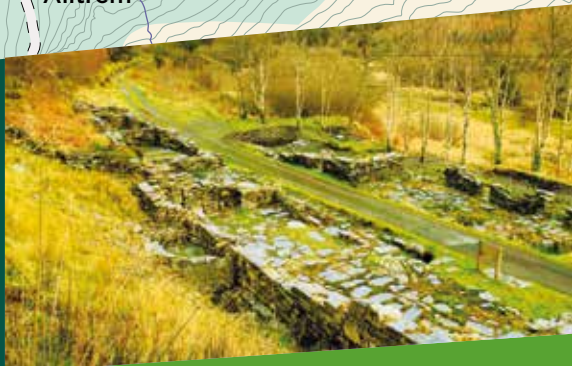
Atgynhychwyd â chaniatâd yr Arolwg Ordnans ar ran Llyfrfa ei Mawrthidi. © Hawlfraint a hawliau cronfa ddata'r Goron 2018. Cedwir pob hawl. Rhif Trwydded yr Arolwg Ordnans 100019741.

Reproduced by Permission of Ordnance Survey on behalf of HMSO. © Crown copyright and database right 2018. Ordnance Survey Licence number 100019741

## Allwedd / Map Key



-  Llwybr Cwm Penamnen  
Cwm Penamnen Walk
-  Ffordd goedwig / Forest road
-  Parcio / Parking
-  Maes picnic / Picnic area
-  Giât / Gates



## Dilynwch y symbolau cyfeirbwynt glas

**Dechrau:** Maes parcio Gorsaf Drenau Dolwyddelan

**Gradd:** Hawdd

**Amser:** 1-2 awr

**Pellter:** 1½ milltir/2.9km

**Dringo:** 120m

**Disgrifiad:** Mae'r llwybr hwn yn bennaf yn dilyn ffordd goedwig lydan a ffordd darmac gul. Mae un darn o lwybr culach ag arwyneb llyfn lle mae'n croesi'r afon ar bren. Ger y bont, mae dau wrdd picnic a lle parcio bychan i ddau gar.

## Follow the blue waymarker symbols

**Start:** Dolwyddelan Railway Station car park

**Grade:** Easy

**Time:** 1-2 hours

**Distance:** 1½ miles/2.9km

**Climb:** 120m

**Description:** This trail mainly follows a wide forest road and a narrow tarmac road. There is one section of narrower path with a smooth surface where it crosses the river on a footbridge. Near the bridge, there are two picnic tables and a small parking space for two cars.