

# Coedwig Brechfa Forest

## Croeso i Goedwig Brechfa

Coedwig o dras

Hyd ddechrau'r Canol Oesoedd, nodweddwyd y tir i'r gogledd i afon Cothi gan goedwig drwchus, sef Coedwig Glyncothi, a oedd yn ganolog i amddiffyn a chynnal annibyniaeth tywysoedd.

Gymreig y Deheubarth. Roedd 'cig carw' yn cynnws holl anifeiliaid y goedwig – ac yng Nglyncothi yn y Canol Oesoedd, roedd hyn yn cynnws y carw coch, bwch y danas ac iwrch, y baedd gwylt, y blaidd, yr adrof, yr ysgyfarnog a'r bele. Diddymwyd Ddeddf y Goedwig yn deryfomol ym 1640, ac roedd y rhan twyaf o'r hen goedwig oedd derr wedi'u cwmpo a'u clirio erbyn yr 17eg ganrif.

Mae coedwig wahanol lawn wedi dychwelyd erbyn heddiw. Yn sgil y defnydd trwm a goed yn ystod y Rhwyd Byd Cyntaf trwyw coedwigiaeth. Erbyn heddiw mae coedwig Brechfa'n gorchedd rhwng 6500 hectar. Cyfoeth Naturiol Cymru sy'n gefalu amandani er lles y bobl, a bywyd gwylt, a chynhyrchu coed. Mae llwybrau cerdded a llwybrau beicio mynydd ar gael i chi eu mwynhau, ac mae croeso i'r sylfaen marchogaetha, ar ffryd y goedwig.

## Welcome to Brechfa Forest

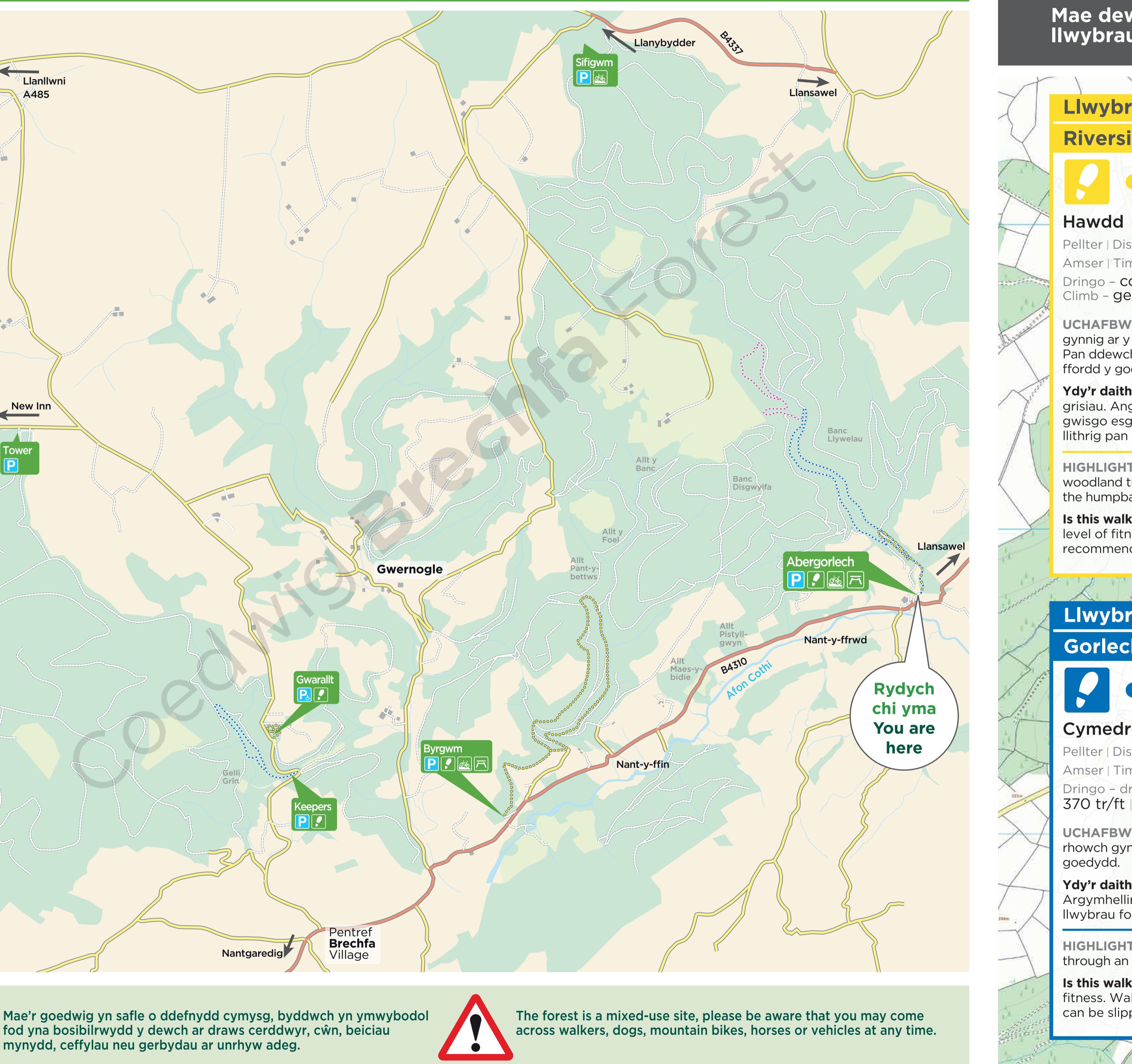
A forest with quite a pedigree

Up to the early Middle Ages the areas north of the river Cothi were heavily wooded, forming the Forest of Glyncothi, vital to the defence and independence of the Welsh principality of Deheubarth.

Following the final defeat of Wales by Edward I in 1283, Glyncothi became a Royal Forest administered under the harsh Forest Law. Forest Law involved severe punishment for offences against both 'venison' and 'ver'. The 'ver' included trees, coppices, the underwood and feeding ground of the game. Venison covered all the forest animals – in medieval Glyncothi these included red deer, fallow deer and roe deer, wild boars, wolf, fox, hare and marten. Forest Law was finally abolished in 1640, with most of the ancient oakwoods felled and cleared by the 17th century.

Today a very different forest has returned. The heavy use of timber in the First World War resulted in the creation of state forests and the Forestry Commission. Today Brechfa Forest covers some 6500 hectares and is looked after by Natural Resources Wales for the benefit of people, wildlife and timber production. There are walking and mountain bike trails for you to enjoy, with horseriders welcome on forest roads.

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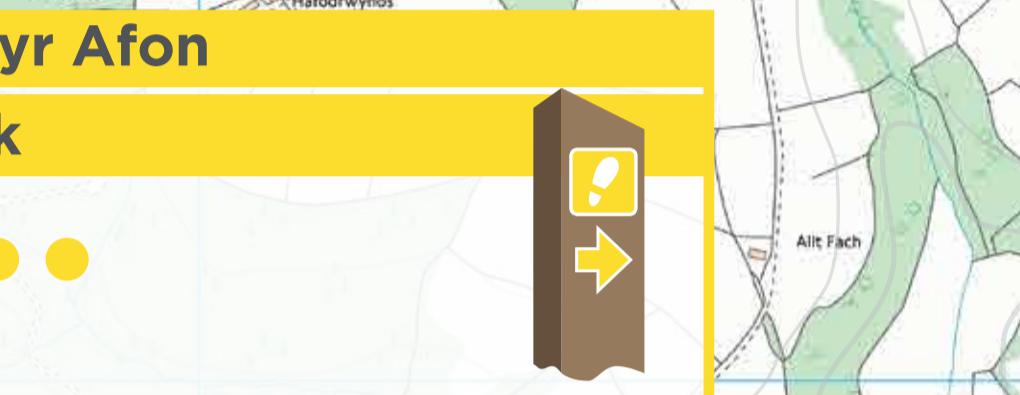


Atsychynhir y map hwn o ddeuynnyd yr Arolwg Ordinans gyda chanllaw Arolwg Ordinans ar ran Rheolwr Llyfrfa El Mawrhyd. © Hawlfraint y Goron a hawlau crwnfa ddata 2017. Arolwg Ordinans 100019741. This map is based upon Ordnance Survey material with the permission of Ordnance Survey on behalf of the controller of Her Majesty's Stationery Office © Crown copyright and database rights 2017. Ordnance Survey 100019741.

# Abergorlech

## Teithiau Abergorlech Walks

Mae dewis o dair taith yn ychwanegol at ein llwybrau beicio mynydd poblogaidd.



### Llwybr ar Lan yr Afon

#### Riverside Walk

Hawdd | Easy

Pellter | Distance: 1m | 1.7km  
Amser | Time: ½ awr | hour  
Dringo - codi'n raddol  
Climb - gentle gradient

UCHAFBWYNTIAU: Os byddwch yn brin o amser rhwch gynnig ar y daith hon drwy'r coed ar hyd afon Gorlech. Pan ddechawt at y bont grom, croeswch hi a dychwelyd ar hyd ffordd yr goedwig.

Ydy'r daith hon yn lawn i chi? Addas ar gyfer teuluodol, dim grisiau. Angen bod ddim ond yn wedol ffitt. Argymhellir gwisgo esgidiau cerdded a gafael da. Gall llwybrau fod yn llithrig pan fyddant yn wlyb.

HIGHLIGHTS: If you haven't got much time try this mainly level woodland trail along the scenic river Gorlech. When you reach the humpback bridge, cross it and return along the forest road.

Is this walk right for you? Suitable for families, no steps. Low level of fitness required. Walking shoes with a good grip recommended. Paths can be slippery when wet.

### Llwybr Gorlech

#### Gorlech Walk

Cymedrol | Moderate

Pellter | Distance: 3½m | 5.7km  
Amser | Time: 2 awr | hours  
Dringo - drinfa serth | Climb - steep climb: 830 tr/ft | 250m

UCHAFBWYNTIAU: Dewch i ddarganfod ein casgliad o 90 (anner) o rywogaethau'r coed sy'n gallu tyfu yn Ynysoedd Prydain. Sefydlyd y goedwig gan goedwigwyr lleol ar ddiwedd y 1950au ac ar ddechrau'r 1960au, a'r nod oedd cael casgliad o'r rywogaethau i gael gweld pa mor addas oeddent i'w definidio yng nghanhadwgoedd Prydain.

Ydy'r daith hon yn lawn i chi? Angen bod yn fwy ffitt oherwydd ei hyd. Argymhellir esgidiau cerdded a dillad glaw. Gall llwybrau fod yn llithrig pan fyddant yn wlyb (yn cynnws drinfa taith Gorlech am fod angen i chi dailly Llwybr Gorlech i gyrraedd Llwybr Gardd y Goedwig).

HIGHLIGHTS: Discover our collection of 90 (half) of the tree species that are able to grow in the British Isles. Established by local foresters in the late 1950s and early 1960s, the aim was to establish a collection of species to assess their suitability for use in British forestry.

Is this walk right for you? Requires a greater level of fitness owing to its length. Walking boots and waterproofs recommended. Paths can be slippery when wet (includes the Gorlech Walk climb as you need to do the Gorlech Walk to reach the Forest Garden Trail).

Is this walk right for you? Requires a reasonable level of fitness. Walking boots and waterproofs recommended. Paths can be slippery when wet.

### Taith Gardd y Goedwig

#### Forest Garden Walk

Anodd | Strenuous

Pellter | Distance: 5m | 8.3km  
Amser | Time: 3 awr | hours  
Dringo - drinfa serth | Climb - steep climb: 830 tr/ft | 250m

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