Eglurhad Legend

Cymraeg	English
Tir agored	Open land
Tir agored garw	Rough open land
Tir agored gyda choed gwasgaredig	Open scattered trees
Coedwig: rhedeg	Forest: run
Coedwig: rhedeg araf	Forest: slow run
Coedwig: cerdded	Forest: walk
Coedwig: ymladd	Forest: fight
Isdyfiant: rhedeg araf	Undergrowth: slow run
Isdyfiant: cerdded	Undergrowth: walk
Anheddiad	Settlement
Ffordd, Maes parcio	Road, Car park
Ffordd goedwig	Forest road
Llwybr	Track
Llwybr troed	Footpath
Llwybr troed bach	Small footpath
Llwybr aneglur	Indistinct path
Rhodfa	Ride
Wal	Wall
Wal wedi ei chwalu	Ruined wall
Ffens, Giât	Fence, Gate
Ffens wedi ei chwalu	Ruined fence
Clogfaen, Tir caregog	Boulder, Stony ground
Craig: mawr, bach	Crag: large, small
Dim mynediad	Out of bounds
Adeilad, Adfail	Building, Ruin
Cyfuchlinell	Contour
Cyfuchlinell arwyddol	Index contour
Ffurflin	Form line
Ochr serth	Steep bank
Gyli bach	Small gully
Gwrthglawdd	Earthwall
Pydew, Bryncyn	Pit, Knoll
Pant: mawr, bach	Depression: large, small
Dwr	Water
Nant	Stream
Ffôs	Ditch
Cors	Marsh
Cors aneglur	Indistinct marsh
Cors na ellir ei chroesi	Uncrossable marsh

Cyfeiriannu yn Coedwig Niwbwrch

Cwrs Gwyrdd

Mae'r cwrs yma yn 5.0 km o hyd gyda dringfa o 160m. Mae 12 man rheoli ar y cwrs. Dylech ymweld â nhw yn y drefn a ddangosir o 1 i 12. Mae'r cwrs yn un technegol ac anodd ac mae'n addas ar gyfer cyfeiriannwyr profiadol.

TROWCH DROSODD AR GYFER MAP Y CWRS

Mae'r cwrs cyfeiriannu mewn rhan o'r goedwig sy'n cael ei defnyddio gan gerbydau, beiciau modur achlysurol, beiciau mynydd a defnyddwyr hamdden eraill, gan gynnwys beicwyr, marchogion ceffylau a cherddwyr. O bryd i'w gilydd bydd yn rhaid cau mannau rheoli oherwydd gweithrediadau cynhaeafu coed, felly ufuddhewch i unrhyw arwyddion rhybudd os gwelwch yn dda. Gallwch weld newyddion am gau mannau rheoli ar wefan Cyfoeth Naturiol Cymru www.naturalresources.wales/out-and-about/places-to-go/north-west-wales/gwydir-forest-park.

Y Mannau Rheoli

Mae'r cylchoedd porffor gyda rhifau yn dangos lleoliadau'r pyst marcio. Ceir disgrifiad o leoliad pob postyn isod. Mae gan bob postyn rif a llythyren unigryw. Gallwch ysgrifennu'r llythyren yn y gofod a ddarparir isod er mwyn dangos eich bod wedi ymweld â'r man rheoli.

Dechrau a Diwedd

Mae pob cwrs yn dechrau gogledd-ddwrrain o'r brif ardal parcio. Mae hyn wedi ei farcio gan y saeth BORFFOR ar y map. Mae pobcwrs yn gorffen yn y llannerch de-ddwyrain o'r brif ardal parcio. Mae hyn wedi ei farcio gan y cylch dwbl PORFFOR ar y map.

Darganfod mwy

Os wnaethoch chi fwynhau eich ymweliad â'r cwrs cyfeiriannu parhaol yn Llyn Elsi a hoffech wybod mwy ynglŷn â digwyddiadau cyfeiriannu lleol, ewch i'r wefan: www.eryri-orienteers.org.uk.

Orienteering at Newborough Forest

Green Course

This course is 5.0 km long with 160m climb. There are 12 controls on the course. You should visit them in the order shown from 1 to 12. The course is technically difficult and is suitable for experienced orienteers.

TURN OVER FOR COURSE MAP

The orienteering course is in a part of the forest that is also used by vehicles, occasional motor bikes, mountain bikes and other recreational users, including cyclists, horse riders and walkers. Occasionally control points will have to be closed due to timber harvesting operations, please obey all warning signs. Check for closures on the Natural Resources Wales website: www.naturalresources.wales/out-and-about/places-to-go/north-west-wales/gwydir-forest-park.

The Controls

The purple circles with accompanying numbers show the positions of the marker posts. The location of each post is described below. Each post has a unique number and letter. You can write the letter in the space provided below to show that the control has been visited.

Start and Finish

All courses start north east of the main parking area. This is marked by the PURPLE arrow on the map. All courses finish in the clearing south east of the main parking area. This is marked by the PURPLE double circle on the map.

Find out more

If you enjoyed your visit to the Llyn Elsi permanent orienteering course and would like to know more about local orienteering events, visit the website: www.eryri-orienteers.org.uk.

	1	2	3	4	5	6	7	8	9	10	11	12
Rhif yr Arwyddbost Post No.	50	52	53	54	55	42	49	45	51	47	48	56
Safle'r Arwyddbost / Post Location	Ochr ogledd-ddwyreiniol fryncyn / North-eastern side of knoll	Adfewniad ganol / Middle re-entrant	Troed y sawdl ganol / Foot of middle spur	Pant bach deheuol / Southern small depression	Troed clogwyn, 2m o uchder / Foot of cliff, 2m high	Pant ddwyreiniol / Eastern depression	Rhan uchaf adfewnol canol / Upper part of middle reentrant	Rhan uchaf adfewnol / Upper part of reentrant	Adfewniad ganol / Middle re-entrant	Rhan ogleddol o iselder/ Northern part of depression	Rhan dde-ddwyreiniol o iselder/ South-eastern part of depression	Rhan dde-orllewinol y pant / South-western part of depression
Llythyren Letter												

Dechreuwch gogledd-ddwyrain o'r ardal parcio. / Start north east of the parking area.
Llywiwch am 90m i'r diwedd yn y llannerch de-ddwyrain i'r gogledd o'r ardal parcio. / Navigate 90m to the finish in the clearing north east of the parking area.

Amser a gymerwyd / time taken .... o funudau / minutes.

(Ebrill 1^{af} / April 1^{st}, 2017.)