Cyfoeth Naturiol Cymru
Natural Resources Wales

Canllawiau Cerdded
Walks Guide

5 Llwybr Marchogion y Brenin
The King's Guards Trail

UCHAFBWYNTIAU

Ar y daith hon sy'n hygyrch i bawb, gallwch weld y ffynidwydd Douglas ysblennydd, coed mwyaf Coed y Brenin.

Mwynhewch y llwybr gwastad hwn i'r teulu cyfan ar hyd glan yr afon i weld coed mwyaf y goedwig. Dilynwch yr arwyddbyst ar hyd glan afon Mawddach o'r maes parcio, ar draws porfa'r ardal bicnic ac i ganol y ffynidwydd Douglas enfawr. Oddi yno, gallwch gerdded at 'Bencampwr y Brenin', y goeden dalaf ac ymweld â'r maen coffa. Lawrlwythwch a gwrandewch ar y llwybr sain MP3 sy'n adrodd hanes dechrau'r goedwig bresennol.

HIGHLIGHTS

See the magnificent Douglas firs, the biggest trees in Coed y Brenin, on this walk accessible to all.

Enjoy this flat family riverside walk to the biggest trees in the forest. Follow the waymarkers alongside the river Mawddach from the car park, across the grassy picnic site, and into the heart of the giant Douglas firs. You can walk to the 'King', the tree with the widest trunk, and the 'King's Champion', the tallest tree, and visit the commemorative stone. Download and listen to the MP3 audio trail which tells you how the current forest began.

www.cyfoethnaturiol.cymru
www.naturalresources.wales

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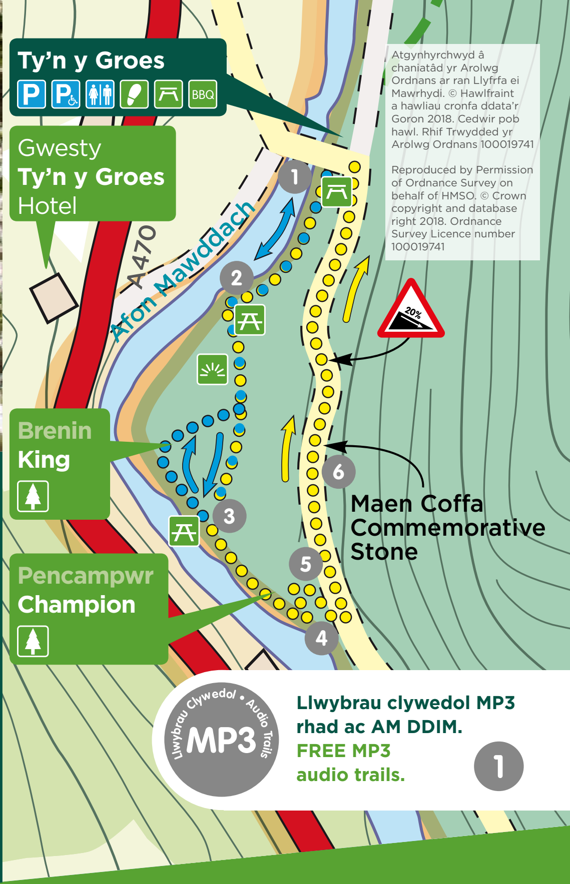

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Llwybrau clywedol MP3 rhad ac AM DDIM.
FREE MP3 audio trails.

Allwedd / Map Key

- Llwybr Marchogion y Brenin / The King’s Guards Trail
- Llwybr Pencampwr y Brenin / The King’s Champion trail
- Ffordd goedwig / Forest road
- Maes picnic / Picnic area
- Mainc / Bench
- Maes parcio hygyrch / Accessible car park
- Gwyliwr brig coed / Tree top viewer

Dilynwch y symbolau arwyddbost glas neu felyn.

	Glas	Melyn
Dechrau:	Ty’n y Groes	Ty’n y Groes
Gradd:	Hygyrch	Hawdd
Amser:	¼ awr	½ awr
Pellter:	½ milltir/850m	¾ milltir/1.1km
Dringo:	Gwastad	10m (uchafswm 20% 1:5)

Disgrifiad: Mae’r llwybr hygyrch ag arwyddbyst glas yn llwybr dolen byr sy’n arwain at y ‘Brenin’ ac yna’n dychwelyd i’r maes parcio. Dyma lwybr 2m o led ag arwyneb da sy’n addas ar gyfer cadeiriau olwyn. Ceir mannau gorffwys o leiaf bob 100m. Mae’r arwyddbyst melyn yn mynd ymlaen at y ‘Pencampwr’ ar lethr ychydig yn fwy serth ac yn disgyn yn ôl i’r maes parcio ar hyd ffordd darmac â llethr o 20%/1 mewn 5. Mae’r adran hon yn addas i gadeiriau gwthio plant ac nid oes grisiau na chamfeydd ar hyd yr holl lwybr.

Follow the blue or yellow waymarker symbols.

	Blue	Yellow
Start:	Ty’n y Groes	Ty’n y Groes
Grade:	Accessible	Easy
Time:	¼ hour	½ hour
Distance:	½ mile/850m	¾ mile/1.1km
Climb:	Level	10m (max.20% 1:5)

Description: The blue waymarked accessible trail is a short loop path which leads to the ‘King’ and then returns to the car park. It is a well surfaced 2m wide route and is suitable for wheelchairs. There are resting points at least every 100m. The yellow waymarkers lead on to the ‘Champion’ on a slightly steeper gradient and descend back to the car park on a tarmac road with a slope of 20%/1 in 5. This section is suitable for pushchairs and there are no steps or stiles along the whole trail.