



Corsleoedd Aber-wysg | Uskmouth Reedbeds

Croeso Gorsleoedd Aber-wysg

Rhan o Warchodfa Natur Genedlaethol Gwyptiroedd Casnewydd (GNG)

Mae'r warchodfa enfawr hon yn cwmposu ardal o fwy na 865 hectar (2138 erw neu 865 o gaeau rygbi) ac yn cynnwys pedair prif ardal a llawer o gynefinoedd gwahanol ar gyfer bywyd gwylt a phlanhigion.

Corsleoedd Aber-wysg: 53ha o gyrs a 12ha o ddŵr agored sy'n gartref i'r rheg dŵr, y titw barfog a thelor Cetti sy'n bridi.

Glaswelltiroedd Morfa Heli: 134ha o laswelltir gwyltir tir isel. Mae dan ddŵr yn y gaeaf ac yn gynefin i gannoedd o hwyaid a rhwydwr.

Lagynau Gallt-euryd: tri lagyn hallt lle mae adar hirgoes yn nythu yn y gwanwyn a dechrau'r haf. Man clwydo llanw uchel pwysig i adar hirgoes a hwydwr yn y gaeaf.

Y Blaendraeth: 485ha o wastadeddau llaid a morfa heli sy'n cysylltu'r tri chymefin uchod ac ardal fwydo bwysig i hwyaid a rhwydwr.



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Welcome to the Uskmouth Reedbeds

Part of Newport Wetlands National Nature Reserve (NNR)

This huge reserve covers an area of over 865 hectares (2138 acres or 865 rugby pitches) and is made up of four main areas and many different habitats for wildlife and plants.

Uskmouth Reedbeds: 53ha of reeds and 12ha of open water provide a home to breeding water rails, bearded-tits and Cetti's warbler.

Saltmarsh Grasslands: 134ha of lowland wet-grassland. Flooded in the winter providing a habitat for hundreds of ducks and waders.

Goldcliff Lagoons: three salty lagoons where waders nest in spring and early summer. An important high-tide roost for waders and ducks in winter.

Foresore: 485ha of mud-flats and saltmarsh connecting the three habitats above and an important feeding area for ducks and waders.

Llwybrau Cerdded Corsleoedd Aber-wysg | Uskmouth Reedbeds Walks



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Hafan bywyd gwylt o dir diwydiannol diffaith

Yma yn Aber-wysg, mae 58 hectar o gorsleoedd wedi'i creu mewn hen lagynau a ddefnyddiwyd ar un adeg i olwng gwastraff lludw o'r orsa'r bŵer. Mae llawer o adar yn heiddio yma gan fod y warchodfa'n darparu popeth sydd ei angen arnynt - digoneg o fywyd, cysgod, a dŵr glân.

Mae'n gartref i adar prin sy'n nythu megis telor Cetti, y rhegen ddŵr a'r titw barfog. Yn y gaefal yr yw gwylch chi foda'r gwerni a'r dyluan glustiog hela dros y gyrs. Mae dyfrgnw yn hela am ruddbysgod a phrydysgol a'r llanw.

Allan ar **wastadeddau llaid** Aber Afon Hafren yn ystod y gaeaf, fe welwch adar hirgoes fel y gylfinir, y pibydd coesgoch, hwyaden yr eithin a'r cwtiad llwyd yn gweud y gorau o'r cyflwynad bywyd cyfoethog.

Mae'r **glaswelltiroedd llawn blodau** o gwmpas y gwelyau cyrs a bywyd yr yw'r gwydr ym y gaeaf. Ar ranau sychau y lludw, mae planhigion prin megis y pupurys Ilynddallol a'r rybates fytol guddidol yn ogystal â phum rhywogaeth o degeirian yn tyfu.

A wildlife haven from industrial wasteland

Here at Uskmouth, 58 hectares of reedbeds have been created in old lagoons that were once used to dump ash waste from the power station. Many birds flock here because the reserve provides all that they need - plentiful food, shelter, and clean water.

It is home to scarce breeding birds such as Cetti's warbler, water rail and bearded tit. In the winter you might see marsh harriers and short-eared owls hunting over the reeds. Otters hunt for rudd and other fish.

Out on the **mudflats** of the Severn Estuary during winter, you can see wading birds like curlew, redshank, shelduck and grey plover stocking up from this rich food supply.

The **flower-rich grasslands** around the reedbeds are important for the nationally scarce shrill carder bee. On the drier areas of fly ash, scarce plants such as dittander and narrow-leaved everlasting-pea grow as well as five species of orchid.

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Beth allwch chi ei wneud gan ddechrau yma?

Mae Goleudy Dwytrain Wysg, y gallwr ei weld yn y pellter, dros 120 oed ac mae'n daf i fod ar waith hyd heddlu! Dim ond 5 munud gymer hi i gerdded ato, ar y pontyn sy'n arnofio ar draws y gwely cyrs. Oddi yno cewch fwyngau golygfeydd o Aber Afon Hafren, Gwyptir o Bwsigrwydd Rhwngwladol ar ymer ac ar y gaeaf. Ar ddilwrnod clir gallwr weld Exmoor sydd dros 50km i ffwrdd! Os oes gennych chi gi, cadwch at y **Llywybr Lonydd Gwyrrd ac Arfordir** a mynd ag unrhyw faw ci oddi yma gyda chi.

Llywybr Cerfluniau

Sculpture Trail

Arwyddyst gwylldd Green waymarker

Hawdd | Easy

Pellter | Distance: 1m/1.6km Amser | Time: ½ awr / hour

UCHAFBWYNTIAU: Llywybr drwy'r gwelyau cyrs, dros y bont sy'n arnofio a heblo'r goleudy.

HIGHLIGHTS: Go through reedbeds, over the floating bridge and past the lighthouse.

Llywybr y Tegeirianau

Orchid Trail

Arwyddyst glas Blue waymarker

Hygrych | Accessible

Pellter | Distance: 1½m/2.3km Amser | Time: ½-1 awr / hour

UCHAFBWYNTIAU: Yn hawl wrth y gwanwyn ac dechrau'r haf, chwiliwn am degeirianau.

HIGHLIGHTS: Look out for orchids in late spring/summer.

Llywybr y Goedlan a'r Aber

Woodland and Estuary Trail

Arwyddyst porffor Purple waymarker

Hygrych | Accessible

Pellter | Distance: 3m/4.5km Amser | Time: 1½-2 awr / hours

UCHAFBWYNTIAU: Mae'n gwydd ym y goedlan a'r aber o'r llywybr tegeirianau.

HIGHLIGHTS: Combines the orchid trail, the woodland and estuary trail and part of the Wales Coast Path.

Profiad o'r Gwyptir

The Wetlands Experience

Arwyddyst coch Red waymarker

Hygrych | Accessible

Pellter | Distance: 3m/4.5km Amser | Time: 1½-2 awr / hours

UCHAFBWYNTIAU: Mae croeso i gwrn ddynn yr ymddyng a'r daf i gerdded hon, ond cofiwch lanhau ar ôl elch ci.

HIGHLIGHTS: The East Usk Lighthouse, views over the Severn Estuary as far as Exmoor, bird-hide, and green lanes (Fish-house Lane can be very muddy in winter or after heavy rain).

Dogs on a short lead are welcome on this walk, please clean up after your dog.

- AM EICH DIOGELWCH:**
 - Mae da byw'n pori ar ranau o'r warchodfa - pediwrch â mynd yn agos atyn nhw na'u bywyd. Cadwch gŵn ar dennyn byr a chaewch gatiau ar eich blaen.
 - Caiff y gwstadeddau llaid a morfa heli eu gorchuddio'n rholaidd gan y llanw.
 - Dŵr ddŵr yn y ffosydd - cofiwch gadw at eich blaen.
 - Llethr serth ar y morglawd - cadwch draw.
 - Cebllau trydan foltedd uchel uwchben.

- FOR YOUR SAFETY:**
 - Livestock graze parts of the reserve - do not approach or try to feed. Keep dogs on a short lead and please shut gates behind you.
 - Mudflats and saltmarsh are regularly covered by tides.
 - Deep water in ditches - please keep to the paths.
 - Steep slopes on the sea-wall - please keep away.
 - High-voltage overhead power lines.

Galwch heibio'r ganolfan ymwelwyr am dafllen llwybrau, cyngor a thaflen weithgaredd bywyd gwylt ar yfer plant.

Pop into the visitor centre for a trail leaflet, advice and a wildlife activity sheet for children.

- Llywybr Lonydd Gwyrrd ac Arfordir**
- Green Lanes and Coast Walk**
- Arwyddyst gwyl** White waymarker

- Hawdd | Easy**
- Pellter | Distance: 4m/6km Amser | Time: 2-3 awr / hours
- UCHAFBWYNTIAU: Goleudy Dwytrain Wysg, gohyfodd dros Aber Afon Hafren bennol ag Exmoor, cufdan adar a lonydd gwylldd (gall Fish-house Lane fod yn fwylod iawn yn y gaeaf neu ar ôl glaw trwm).
- HIGHLIGHTS: The East Usk Lighthouse, views over the Severn Estuary as far as Exmoor, bird-hide, and green lanes (Fish-house Lane can be very muddy in winter or after heavy rain).

- Hygrych | Accessible**
- Pellter | Distance: 1m/1.6km Amser | Time: ½ awr / hour
- UCHAFBWYNTIAU: Yn hawl wrth y gwanwyn ac dechrau'r haf, chwiliwn am degeirianau.
- HIGHLIGHTS: Go through reedbeds, woodland, past open water and the estuary.

- Hygrych | Accessible**
- Pellter | Distance: 1½-2 awr / hours
- UCHAFBWYNTIAU: Mae'n gwydd ym y goedlan a'r aber o'r llywybr tegeirianau.
- HIGHLIGHTS: Combines the orchid trail, the woodland and estuary trail and part of the Wales Coast Path.