



Canllawiau Cerdded
Walks Guide



Cyfoeth
Naturiol
Cymru
Natural
Resources
Wales

13

Llwybr Glan Afon Llugwy Afon Llugwy Riverside Walk



UCHAFBWYNTIAU

Taith gerdded hamddenol ar hyd afon Llugwy gan ymweld â Phont y Mwynwyr.

Cerddwch ar lan yr afon a thrwy'r coed ffynidwydd Douglas tal ac ymlaen i'r gorlifdir gyda golygfeydd o'r bryniau a'r coedwigoedd cyfagos. Fe welwch banel dehongli ger Pont y Mwynwyr yn esbonio pam y cafodd ei hadeiladu yno a sut y cafodd ei henw.

HIGHLIGHTS

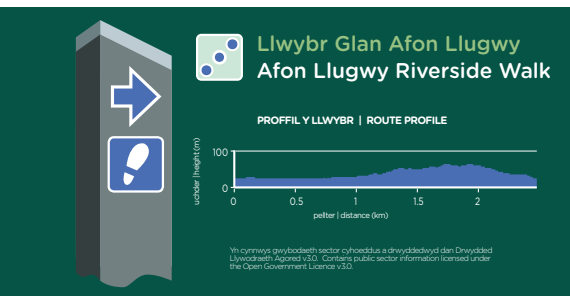
A tranquil walk alongside the Afon Llugwy visiting the historic Miners' Bridge on the river.

Walk out alongside the river through the tall Douglas firs and onto the flood plain with views of the surrounding hills and forests. You'll find an interpretation panel at the Miners' Bridge explaining why it was built there and how it got its name.





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Dilynwch yr arwyddion sydd â'r symbolau glas

Dechrau: Panel croeso ger maes parcio talu ac arddangos a thoiledau Pont y Pair

Gradd: Cymedrol

Amser: 1-1½ awr

Pellter: 1.5 milltir | 2.5km

Dringo: 223tr | 68m

Disgrifiad: Mae'r llwybr yn dilyn cyfuniad o lwybr pren, llwybrau glaswellt gwastad a llwybr troed cul, sy'n llai na 80cm o led mewn rhai manau, lle gallwch ddisgwyl gweld mwd, cerrig mawr a llawer o wreiddiau coed amlwg. Mae'r llwybr yn dychwelyd ar hyd ffordd darmac. Ceir safle picnic ar yr ymyl y coetir a mainc ger Pont y Mwynwyr. Mae dwy giât mochyn fetel gul i fynd i mewn ac allan o'r cae glaswelltog.

Follow the blue waymarker symbols

Start: Welcome panel near to Pont y Pair pay and display car park and toilets

Grade: Moderate

Time: 1-1½ hours

Distance: 1.5 miles | 2.5km

Climb: 223ft | 68m

Description: The trail follows a combination of boardwalk, flat grass tracks and a narrow footpath, less than 80cm wide in some places, where you can expect mud, large rocks and a lot of exposed tree roots. The trail returns along a tarmac road. There is a picnic site on the edge of the woodland and a bench near the Miners' Bridge. There are two narrow metal kissing gates to enter and exit the grassy field.