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Llwybr Llosgfynydd Volcano Trail



UCHAFBWYNTIAU

Dewch i ddarganfod hanes daearegol diddorol Coed y Brenin. Mwynhewch olygfeydd ysblennydd o fynyddoedd cyfagos Meirionnydd.

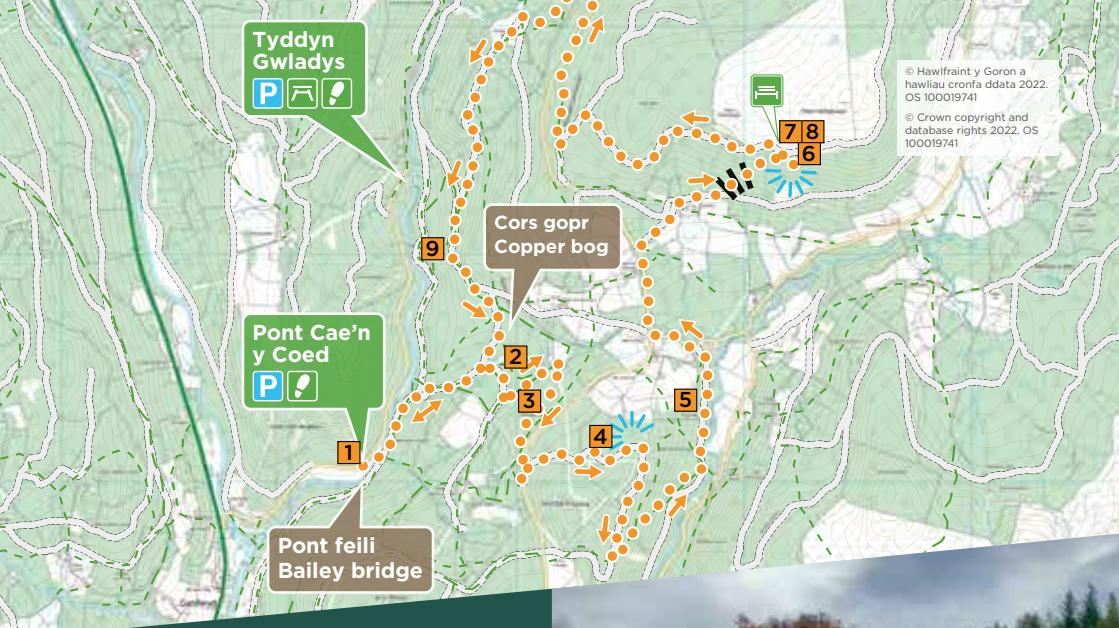
Ar y gylchdaith heriol hon, byddwch chi'n ymweld â sawl nodwedd allweddol yn y goedwig, gan gynnwys y gors gofr a phwynt uchaf parc y goedwig – Moel Hafod Owen. Cofiwch ddarllen y naw panel dehongli gwybodaeth i'ch helpu i archwilio hanes folcanig trawiadol Coed y Brenin.

HIGHLIGHTS

Discover Coed y Brenin's fascinating geological history. See spectacular views of the surrounding Meirionnydd mountains.

On this challenging circular walk, you will visit many key features in the forest, including the copper bog and the highest point of the forest park – Moel Hafod Owen. Take in the nine interpretation panels to help you explore Coed y Brenin's violent volcanic history.





Allwedd / Map Key

- Llwybr Llosgwynnydd / Volcano Trail
- 5 Panel dehongli / Interpretation panel
- Mainsc / Bench
- Grisiau / Steps
- Golwgfan / Viewpoint

Dilynnwch y symbolau arwyddbost oren.

Dechrau: Maes Parcio Pont Cae'n y Coed

Gradd: Anodd

Amser: 5 awr

Pellter: 6¾ milltir/10.8 km

Dringo: 1220tr/372m

Disgrifiad: Mae'r llwybr yn dilyn cyfuniad o ffyrdd coedwig a llwybrau serth a chul sy'n aml yn llai na 50cm o led mewn mannau, ar arwyneb garw, anwastad, ble gallwch ddisgwyl gweld mwd, creigiau a gwreiddiau coed ar hyd peth o'r tir garwaf dan draed yn y goedwig gyfan. Mae grisiau i'w cael ar y ddringfa serth i ben Moel Hafod Owen ble gwelwch fainc ar y copa i gael picnic haeddiannol wrth fwynhau'r olygfa. Os hoffech gael blas ar antur go iawn, gwnnewch yn siŵr eich bod yn paratoi'n dda ar gyfer diwrnod hir yn y goedwig.



Follow the orange waymarker symbols.

Start: Pont Cae'n y Coed Car Park

Grade: Strenuous

Time: 5 hours

Distance: 6¾ miles/10.8km

Climb: 1220ft/372m

Description: The trail is on a combination of forest roads and steep narrow paths along some of the roughest terrain in the forest. Often less than 50cm wide, the path has an unmade, uneven surface where you can expect mud, rocks and tree roots. There are steps on the steep ascent up to Moel Hafod Owen where you will find a bench at the top for a well-deserved picnic whilst admiring the view. If you want to experience a real adventure, ensure you go well prepared for a long day in the woods.