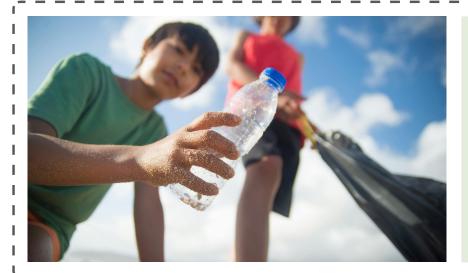# How can we live sustainably?

The world around us is full of living things which depend on each other for survival. I will respect and value nature.

I understand that human actions can impact the natural world. I will take positive action to help nature and people thrive together.

How can we live sustainably?

Instead of throwing things away, I'll fix or reuse them.

I will choose to, and encourage others to buy from companies that are environmentally friendly.

How can we live sustainably?

Instead of buying single use plastic products, I'll save money and invest in re-useable products.

If I can't reuse something I will recycle or refuse it.

How can we live sustainably?

I'll look for plastic free products and choose to buy things that have been made or grown using sustainable methods and resources.

I'll donate items that I don't want any more so they can be reused by others and I can buy second hand goods.

How can we live sustainably?

I'll take steps to prevent food waste. For example, I'll help plan the week's meals so we only buy what we need and put fruit and veg scraps in a compost bin where possible.
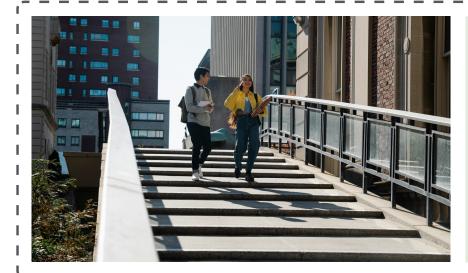

I can help save valuable natural resources. For example, I can use less water.

How can we live sustainably?

I can help save valuable resources by using less electricity. For example, switching off unused lights and devices.

I can walk instead of travelling by car.

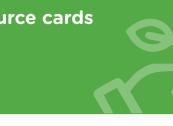# How can we live sustainably?

I'll encourage others to buy local and seasonal food and will do so myself when possible.

I can plant trees to help fight climate change, prevent soil erosion, and support wildlife.

How can we live sustainably?

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I'll encourage others to look for the FSC logo (Forest Stewardship Council) and buy products that have been grown in sustainably managed woodlands and will do so myself when possible.

I can take action, raise awareness and campaign for sustainability.

I can grow my own food.